

Colloquium lecture of Sabine Pahl & Mathew White

A taste of Environmental Psychology: From plastic pollution to health benefits of nature

In this colloquium we would like to give a few examples of how Psychology can be applied to environmental topics.

Sabine will talk about her research on plastic pollution, from early work investigating public perceptions of marine litter and microplastics to an analysis of different actors in the plastic system that drives pollution. Then she will review the potential of ocean connectedness in driving consumer choices, using correlational and experimental field data. Finally she will reflect on her policy-facing work at EU and UN level.

Mat will provide an overview of his work on nature, health and wellbeing drawing on data from longitudinal cohorts, experience sampling studies, cross-sectional work, natural and lab experiments, and qualitative interviews. A key aim will be to prompt discussion of how this research can be taken to the next level by looking at more physiological mechanisms and indicators, and how it can link more directly to the ongoing work at the CogSciHub and institutes across the Faculty of Psychology.

Sabine Pahl & Mathew White Urban and Environmental Psychology/CogSciHub

The colloquium lectures of this semester take place online!

If you want to attend, please write to <u>colloquium.psychologie@univie.ac.at</u> and you will be sent an online participation link.